

Member Clubs



Ponoke Football Club Inc.
www.ponekerugby.com



Ponoke Kilbirnie Softball Club
pksoftball.org.nz



Wellington Darts Association
wellingtondartsassociation.co.nz



Wellington Diving
wellingtondiving.org.nz



Capital Swim Club Inc.
capitalswim.co.nz



Wellington South Fencing Club
wellingtonsouthfencingclub.com



American Football Wellington
nzaaff.co.nz

hubnews

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thehub
toitū pōneke community
and sports centre

Welcome from the Board Chair - Ross Jamieson

Welcome! Nau Mai! Afio mai! Talitali fiefia! Bula! To our first thehub Newsletter. It is hard to believe that thehub has been formally operating for almost seven months now. In that time our team have established booking, health & safety, maintenance, financial, security, technology and operational systems to ensure we deliver a professionally operated sporting, community & club centre. Our

ongoing focus will be to tangibly add value to our fantastic Foundation Clubs, at the same time as welcoming multiple other groups and families from our wider Eastern Suburbs community. On behalf of our talented community and club minded thehub Board, thank you for your support of your hub. Please spread the word, our doors and ears are open.

Ross Jamieson
thehub Chairman



hubcrew - Introducing Karl and Shelley



Shelley aka "Auntie or Mum" and Karl aka "Uncle" Nadin

Karl and Shelley Nadin are thehub's Cleaners. They moved to Wellington after the 2011 Christchurch earthquakes. The intention was to move onto Auckland, where Karl was born, but after finding Ponoke Football Club in the phone book and becoming part of the 'Ponoke family' they fell in love with Wellington and decided to stay.

Robyn Dodd stood out to Karl and Shelley as a welcoming force and secured Karl's services for working the scoreboard on Saturdays. This role proved a real workout for Karl at times with the men's team scoring 105 one week and the women's team scoring 110 soon after.

Before long Karl was setting up the field and then he and Shelley were asked to come onboard as the cleaners.

Karl credits Robyn Dodd and David Taylor for being so welcoming and inclusive. They both feel that they were "treated like one of the players."

Karl, at 61 years of age, has played 38 games for the Golden Oldies and wants to reach his goal of 50 games before he "retires".

Karl is not the only rugby player in the family, Shelley has previously played and enjoys other sports like swimming, tennis and cross country. The couple have been together for

17 years and share a passion and joy for their involvement with the Ponoke Football Club and now thehub.

Karl and Shelley's favourite thing about their job is "getting out of bed for work and doing it for the club".

Karl and Shelley found it amazing seeing the renovations to the building and are very proud of the results. They routinely hear people praising the venue and the cleanliness, boasting that thehub is "the cleanest and nicest club in Wellington". They think that it is great that the venue is embracing other clubs and the local community.

The couple also had high praise for Jamie Collier, General Manager of thehub, for being an excellent, caring boss who supports and encourages them.

Karl is looking forward to setting up the field and cleaning the venue well into his 70's, he reckons it might take him a bit longer, but he would be happy to be doing it for his club, home and whanau. Shelley has a little giggle at the mental picture of a 70-year-old Karl doing this.

Thanks Karl and Shelley for your dedication and hard work. It is appreciated.

New to thehub

October brought new additions to thehub family with Yoga with Penina starting and the Kenworthy Dojo reuniting with Kilbirnie Karate here at thehub. Here is some information on the weekly sessions they offer.

Yoga with Penina Is yoga for everyone to make you smile and breathe easy. Classes: Beginners Mondays 6.15pm to 7.30 pm. All levels Wednesdays 6.15pm to 7.30 pm and Saturdays 9.30am to 11.00am. www.yogawithpenina.nz



Kilbirnie Karate is a traditional karate dojo in Kilbirnie Wellington. Instructed by Shihan Alex Terris - 7th Dan, who has 50 years in Karate. Looking for a challenge? Learn to fight! Wednesdays 3.30pm to 4.30pm for children. Email kilbirniekarate1@gmail.com or call 021 247 3446 .

Kenworthy Dojo practices Kyokushin Karate. Kyokushin which is often referred to as the "strongest karate" due to the



advanced form of full contact karate created by the late Masutatsu Oyama. Kyokushin fighters are known world-wide for their powerful full contact fighting expertise.

Kenworthy Dojo has 3 Instructors working onsite, they are Shihan Mike Kenworthy - 7h dan, Shihan Doug Holloway - 7th dan and Shihan Penina Kenworthy - 5th dan. Classes are Mondays & Wednesdays 7pm to 8.30 pm for Adults. All enquires call 027 564 7822.

Would your club or group like to run out of thehub? Contact us today to find out more. Email toituhub@gmail.com

hubsafe update

At thehub we strive to provide a safe and healthy environment for all to enjoy. Our Evacuation Plan is called hubsafe. Developed to cover the whole building, including all the new upgrades, this plan has just gone live. Copies of the plan are available on the H&S Boards in the first floor lobby and Green room. In addition we have forms to report incidents or any concerns. Please familiarise yourself with the evacuation routes and what to do in case of a fire, earthquake and Tsunami.



Venue for Hire

We have a variety of spaces available for hire from 6am until 10pm, 7 days a week. We cater for meetings, conferences, parties, weddings, functions, training and so much more. Minutes from the airport and city, modern facilities with views over Kilbirnie Park. Spaces can be hired by the hour and there are special rates for community and non-profit organisations. Call Jamie today to enquire on 0274 354 137 or visit www.toituponeke.com

Meet the Community Room

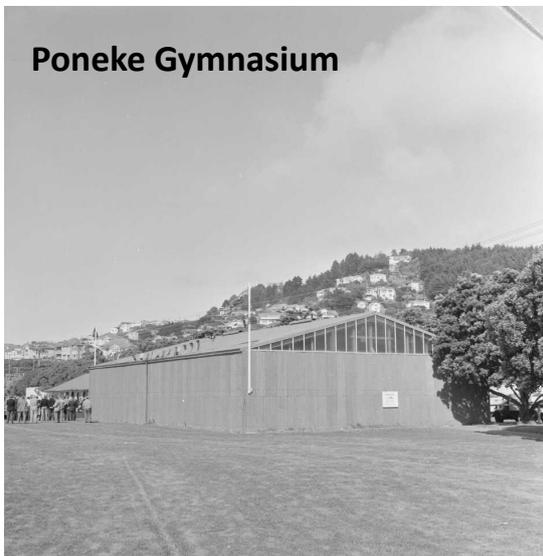
The newest room in thehub venue the Community Room offers a modern space for your next meeting, workshop, or celebration. Light and bright with large windows letting in natural light and views of Kilbirnie Park and beyond. Fully carpeted with its own private entrance and bathroom facilities. Air conditioning

to keep you warm or cool. Projector Screen and AV facilities are available to suit your needs. Seating, tables, mobile bar and server are included in the room.

The Community Room is home to Wellington Darts Association and has 18 built-in dart boards housed within the walls.



Then and Now



Ponake Gymnasium

Then - 1958



thehub

Now - 2018